

City of Bedford Recreation
Department

Swing Dance Lessons



DATE: Thursdays beginning on
February 19, 2009
through March 26, 2009

TIME: 7:00–8:00 p.m.

LOCATION: Bedford Middle School Cafeteria

COST: \$45.00



Smith Mountain Lake
USA Dance Chapter

Cindy Zerfoss

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City of Bedford
Recreation Department

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The Smith Mountain Lake USA Dance Chapter and the City of Bedford Recreation Department are co-sponsoring Swing Dance Lessons. It is a fun and exciting way to learn to dance and get in shape doing something you'll love. The lessons will last for six weeks and be on Thursday evenings. They begin on February 19, 2009 and will run through March 26, 2009. Your instructor will be John O'Brien; a USA Dance Instructor. The City of Bedford Recreation Department will be taking registrations, so come by the Liberty Lake Park Offices to fill out forms, pay the fees, or for registration information. Registration will also be available on the first day of classes on site. For more information about lessons and content, please contact Cindy Zerfoss at 434-426-9787.